



**Just Mind**

## **ASD Training Awareness for school staff**

### **• Objectives of this training**

This training action has the purpose to:

- enable teachers to identify signs and symptoms on time for an early intervention;
- provide relevant tools and strategies for school staff to support their students with autism spectrum condition;
- help the school staff to integrate and support these students into the community, by considering their needs and difficulties;
- help staff to teach students how to improve social and communication skills and emotional regulation techniques;

This session will help school staff how to understand and work successfully with ASD children and adolescents.

### **• Expected outcome from this training**

- Recognizing symptoms and signs of autism, comorbidity and differential conditions, screening/diagnostic tools, recognizing when to liaise with other specialized professionals for a formal diagnosis or support, drawing a positive behavior support plan, and sharing results and outcomes with families.
- You'll learn how ASD children and adolescents think and see the world so you can communicate with them more effectively.
- You'll be able to explore issues important to your students which are the direct result of their ASD.
- You'll learn how to help ASD students identify and label emotions and express themselves effectively on the school environment.
- You will learn how to use special interests and ASD characteristics as strengths that your students can use to manage their problems more successfully.
- You'll understand how to adapt techniques and strategies so that your ASD students can respond effectively to situations.
- You will learn anxiety reduction strategies, managing challenging behaviours, fostering expression of affection and friendships, and professional challenges in the context of school.

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- **How long is this training?**

This training action is designed for 1 hour and for a group up to 12 participants who can discuss/share their experiences and practice intervention strategies to use with their students.

- **Where is this training taking place and what resources are needed**

On the school site, in a room with capacity to accommodate up to 12 participants, with a white board and a projector.

- **When is this training happening**

Dates and times to be agreed/confirmed with the school.

- **Resources provided**

Handouts of the training will be provided to all the participants.

During the training examples of a variety of resources will be available for participants to explore as possible options to use with their students.

- **Fees**

The cost of this action for a group of participants up to 12 is £300.

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